




WHAT CAN I DO NOW?





Wondering what you can do in the meantime? There's plenty of resources and tips online, but here are some of the team's favourite ideas for how to reduce your carbon footprint and move towards a sustainable Shropshire...


 Join a library instead of buying books.


 Try and eat local and in-season produce.


 Cut down on meat to just a couple of meals a week- If you can!


 Cycle or walk instead of using a car whenever you can.


 Try and look for plastic alternative packaging for food in shops.


 Invest in a washing line to dry clothes, dryers are expensive and use a lot of energy.


 When you next replace your toothbrush, make it a bamboo one.


 Try a shampoo bar instead of a bottle to reduce single-use plastic waste.


 Every now and again, enjoy candlelight in the evening and switch the main light off.


 Boil the kettle once and save spare hot water in a flask to use for your next cuppa.


 Keep a reusable shopping bag in your pocket, bag and car.


 Buy second-hand! Charity shops, Depop, Vinted, eBay...


 Look out for sustainable certification on your food: labels like Fairtrade, FCS, MSC.

 Layer up instead of turning the heating up.

 Next time you grab a hot coffee or chocolate, use a Shrewsbury Cup!

 When you/your parents are buying appliances, check the efficiency and sustainability rating.

 Reuse your plastic bottles for water instead of buying water bottles, or buy a reusable flask.

 Switch items off at the wall, don't leave appliances on standby.

Add your own favourites here.

Why not stick this poster somewhere in your room to remind you of what you can do now to help us achieve zero carbon emissions in Shropshire by 2030?